BREAKFAST CLUB….YUM!

A message from Mr Pardini...

Breakfast Club success
What a yummy breakfast we all shared last Friday morning. It was so nice to see everyone enjoying a ‘hearty’ start to their day. A big thank you to all the adults who came along to assist with the morning. The many hands involved certainly made ‘light work’ for all concerned.

Cross Country update
Good luck to all competitors tomorrow at our cross country. Please don’t forget to return the permission slip concerning the bus trip to Manjimup. In the morning each competitor will receive their light blue polo shirt. Here are the publicised times for the day so you can see approximately what time your child will be competing.

10.15 Welcome. Walk the track
11.10 Year 4 boys
11.20 Year 4 girls
11.30 Year 5 boys
11.40 Year 5 girls
11.50 Year 6 boys
12.00 Year 6 girls
12.10 Year 7 boys
12.20 Year 7 girls
12.30 Presentations

Don’t forget, there is a canteen available for parents and students - no pre ordering necessary. Finally, if you would like to collect your child from the carnival, please see your child’s teacher. I look forward to seeing you there tomorrow.

Orientation Days
The Year 7 students attending Kearnan next year travelled to Manjimup today for their first Orientation day. Next Thursday 5 June our year 6 class will make the trek for Orientation. Thank you for your support of these important transition days.

First Holy Communion update
We continue to pray for Sophia, Daniel and Kieran who are preparing to receive the sacrament of Holy Communion on Sunday 22 June. Parents in Year 2 are on the P&F timeline to assist with the luncheon following Mass. We are looking for a Year 2 Mum or Dad to help coordinate this. If you have any queries about this, please call Sue in the front office.

Dress up day - Friday June 13
It’s that ageless question that I am sure we were all asked at some point - ‘What do you want to be when you grow up?’ For a bit of fun, all students (and staff) can get to show what we want to be when we grow older through a dress up day on Friday 13 June. So, start planning your outfit to make your future predictions come true.

WHAT’S COMING UP?

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tomorrow</td>
<td>Cross Country</td>
</tr>
<tr>
<td>Mon 2 June</td>
<td>Public holiday</td>
</tr>
<tr>
<td>Tues 3 June</td>
<td>Pupil free day</td>
</tr>
<tr>
<td>Wed 4 June</td>
<td>Pupil free day</td>
</tr>
<tr>
<td>Thurs 5 June</td>
<td>Yr 7 Orientation</td>
</tr>
<tr>
<td>Tues 10 June</td>
<td>Kearnan</td>
</tr>
<tr>
<td>Wed 11 June</td>
<td>Board / P&amp;F Meetings</td>
</tr>
<tr>
<td>Fri 13 June</td>
<td>Early close</td>
</tr>
<tr>
<td></td>
<td>First Communion workshop #1 (3.30pm)</td>
</tr>
<tr>
<td></td>
<td>Dress up day – What do you want to be?</td>
</tr>
</tbody>
</table>

Maybe it’s a movie star, or pilot, perhaps a writer or a police officer - the sky is the limit!

Busy Bee postponed
Thank you for those of you who have returned your ‘busy bee’ slips to the office. At this stage, we will postpone the busy bee until next term as there is a strong indication already that the June 8 weekend is not convenient for many of our families.

It’s the ‘Loooonnng weekend!’
Have a sensational long weekend everyone - I know some of you are using the opportunity as a ‘mini break’ with family so please travel safe wherever you go.

See you all back on Thursday 5 June.
Carlo Pardini
Principal
Sporting updates...

**Cross Country**

The year 3 to 7 students for the past three weeks have been busy training for the Interschool cross country event. I would like to thank the students for their effort during the training sessions. I thought this quote is appropriate.

‘Success in life is not so much of talent or opportunity as of concentration and perseverance.’

C. W. Wendte

All the best to students running in the event.

**KP1 sport**

The KPP1 class have been working really hard on improving their catching, passing, co-operation and team skills.

All students have improved their spatial awareness during this term.
From the P&F...

We would like to say a HUGE thank you to students, staff & parents for a hugely successful breakfast. A massive turnout of kids, food and assistance!

As Carlo has mentioned we will have to postpone our Busy Bee. We will re-schedule for Term 3 and keep you posted on the new date.

Lastly our next meeting will be 6pm 10 June, pencil it in your diary!

Have a great weekend.

P & F Executive.

Office Hours:
The office will be open Thursday & Friday.

Canteen Roster

June 10
Kai Flanders & Sonia Barnsby

June 17
Justine Little & Serena Abraham

Altar Servers

June 1 Jessica
June 8 Louis

Family Tax Benefit A and four-year-old health check.

The Commonwealth Government requires that families receiving income support benefits (Family Tax Benefit A) with children turning four this financial year, need to make sure that their child has received a health check.

Please note, while proof of the School Entry Health Assessment is acceptable to Centrelink, your child may not receive this assessment in the timeframe required. The Community Health Nurse visits many schools and has a tight schedule.

If you require a health check for your child at a certain time, please visit a GP for a 4 year old health check.

If you choose to get the health check done with your GP this is usually done in conjunction with the 4 year old immunisations (which can be done from 3 ½ years of age) This is then supplemented with the school entry screening done when your child enters kindy. If done with your GP, it is carried out with the caregiver being present so you can discuss any issues or concerns you may have about your child’s health and development.
Parents of a pre-primary and primary aged children you can’t afford to miss

RAISING A RESILIENT CHILD
A morning with Debbie Bushell
WA’s leading Parenting Specialist and Resilience Coach for Children & Teenagers

In Manjimup

Tuesday 10th June
10am – 12noon

Refreshments from 9.45am
Parents are welcome to a light lunch afterwards.

Venue
Manjimup Community Centre
Cnr Rose and Mount St Manjimup

RSVP
By 5th June to
Joanne.Haynes@sthildas.wa.edu.au
or phone (08) 9285 4100

Proudly hosted by
St Hilda’s Anglican School for Girls
Giving back to Community

Debbie will share important insights about resilient children and offer an array of strategies that parents can use immediately and during the important years leading to adolescence. Debbie will speak about:

- What exactly does it mean to be resilient?
- What is it that resilient children do in order to deal well with challenges?
- What are the key “protective” factors that promote resilient children?
- How can parents develop resilient thoughts, feelings and behaviours in children?
- How can parents encourage positive self-esteem and confidence in children?

Why is the quality of “resilience” so vital for children?
Because it is well known that resilient children are better equipped to manage stress and adversity, cope with change and uncertainty, and recover faster from challenging events.

How can we encourage resilience in our children?
Resilience can be enhanced by encouraging positive environments within families, schools and communities. Of these three, “the family is the most immediate care-giving environment and has the greatest impact on the development of resilience in children.” (Brooks, 2006)

Debbie Bushell presents on up-to-date parenting information whilst offering practical ideas that support parents and children during the stages of pre-teen and adolescent development. She is a highly-respected parenting specialist, resilience coach for children and teens, author and the founder of Parent Teen Matters. Debbie is a regular fortnightly guest on Perth’s 6PR and holds a Master of Education, a Bachelor of Education and is one of a handful of coaches worldwide with an internationally recognised qualification in Parent Coaching. www.parentteen.com.au